



PRINCIPAL'S NEWS

18 August 2023

This week we had Justin Coulson speak to our teachers about emotional intelligence and how crucial it is to the process of teaching young people in the modern world. I stayed on for the parent evening as well. It was wonderful to see so many of you there! Justin was very generous with his time and it was fabulous to hear some perspectives and ideas around the role of parenting, in such an open and honest way. We explored how the parenting 'goal posts' have continued to be shifted over time. The word 'parenting' wasn't even introduced to our vocabulary until 1958 and Dr. Coulson even refers to it as the 'impossible profession'. Impossible, but incredibly important! Three words Justin suggested, integral to the parenting cycle, were **relationship, competence and autonomy**. I found myself reflecting on this triangulation of words, the following evening, whilst watching the Matilda's take on the English Lionesses. It was an enormous achievement for our Australian female football team. The CEO of Football Australia is a relative of mine, but like so many, the code caught my attention for the first-time last week. This female team of champions definitely endeared themselves to a nation with their impressive display of resilience, rewarded with a win against France, as a result of penalty shootouts. We have long understood how it takes a village to raise a child and I began to ponder how integral the Matildas' **relationships and connection** would have been to prepare them for 'game night'. Similarly, Justin Coulson would say that children need strong connections to competent and caring adults and identifies **relationships** as the centrepiece to building resilience. He also suggests that **competence-supportive** environments are key. This is where parents (and educators) provide scaffolding and a sense of freedom and **autonomy** to allow their children the space to master their own ability to solve problems. In football terms, the Matilda's have clear boundaries. They know the rules, respect their referees, and stay within the clearly marked lines of play. However, the players are afforded a large amount of freedom and **autonomy** to creatively work to solve problems and ultimately score goals. In listening to Dr. Coulson this week and in watching him co-host hit TV program, Parental Guidance, I have learnt that it is a challenge to get this thing called 'parenting' 100% of the time. The same can be said for teaching. We are all human. We get tired. We work hard. We don't always get it right, but we all want the best for our children/students and to make the most out of these important professions. Dr. Blaine Fowers says it best when he suggests that *the best way to be a good parent is to be a good person*. This reminds me of the golden rule modelled to us through Jesus' life story and found in Matthew 7:12 "In everything, therefore, treat people the same way you want them to treat you". Again, something we won't get right 100% of the time, but something we aspire to do and how lucky we are that we get to use this message in the lives of our young people.

One of the hardest decisions one will make as a parent is where to begin their child's education. St. Joseph's still have openings in their Kindergarten, for 2024. Please find below further details if you or someone you know, is looking for a place to start their Catholic Education journey.



Enrolments are OPEN at St Joseph's Catholic Kindergarten in Bundaberg

To find out more about St Joseph's Catholic Kindergarten, including the current fees, please scan the QR code which will take you to our kindergarten site.

To begin the enrolment process, enter your child's details by clicking on this button on the site.

Enrolment Expression of Interest

Please call 07 4994 9340 to speak to our wonderful kindergarten staff.



Kim O'Shea-Hard



SPORTS NEWS—DISTRICT ATHLETICS

Last Thursday and Friday the St Patrick's Athletics Team competed against all other Primary Schools in Bundaberg at the District Athletics Carnival. Our team were just sensational. Not only did they perform well on the track but their sportsmanship, behaviour and attitude were something to be proud of. They represented their school, their families and themselves so well, and should be congratulated for their efforts. A big thank you to Mr Plumb, Miss G, Mr Zandona and Mrs Morine for preparing the students and supervising them at the carnival. A list of their amazing achievements is outlined below. Well done to everyone for their efforts!



Event	Year	Category	Student Name	Result
Shotput	10 yrs Girls	Multiclass	Essie Mc	2nd
	10yrs Boys	A School	Charlie B	1st
		Overall	Charlie B	2nd
	11yrs Boys	Overall	Charlie E	1st
Discus	10yrs Girls	Multiclass	Essie Mc	1st
	10yrs Boys	A School	Anderson K	1st
	11yrs Boys	A School	Charlie E	1st
	12yrs Boys	A School	Grayson K	2nd
Long Jump	10yrs Girls	Multiclass	Essie Mc	2nd
	10yrs Girls	A School	Matilda K	2nd
	12yrs Girls	Overall	Peyton L	3rd
Flat Races	10yrs Girls	Multiclass	100m - Essie Mc	1st
	10yrs Girls	Overall	100m - Matilda K	1st
	11yrs Girls	A School	100m - Flo L	1st
		Overall	100m - Flo L	2nd
	10yrs Girls	Multiclass	200m - Essie Mc	2nd
	10yrs Girls	A School	200m - Matilda K	2nd
	11yrs Girls	Overall	200m - Flo L	2nd
	10yrs Girls	Multiclass	800m - Essie Mc	1st
	11yrs Girls	A School	800m - Flo L	2nd
		Overall	800m - Flo L	2nd
Ball Games	Tunnelball	A School	BOYS Tunnelball	3rd
Relays	9yrs Girls	A School	80m Relay	2nd
		Overall	80m Relay	3rd
	10yrs Girls	Overall	100m Relay	1st
	10yrs Boys	A School	100m Relay	3rd
		Overall	100m Relay	3rd
	12yrs Girls	Overall	100m Relay	2nd

BOOK WEEK 2023

Next week St Patrick's Catholic Primary School is celebrating Book Week. The theme of Book Week 2023 is 'Read, Grow, Inspire'. Throughout the week students will engage with books by reading and listening to many of the short-listed books and interacting in various hands-on activities. To complete this celebration and to inspire a love of reading we invite all families to come and join us on Friday for 'Reading on the Deck'. No matter the age, students enjoy being read to and experiencing reading through others. Please bring a picnic rug and join us on the Junior Oval at 10:30 am. Bring your favourite children's book or choose a book from our selections and spend some time reading, growing and inspiring your child.

At 10:55 am students will move off to lunch eating and lunch play. We would love for you to stay, play and picnic with your child. Friday our students can purchase a sausage sizzle lunch at a cost of \$2 per sausage. We invite you to join us for this. If you wish to purchase additional sausages for you and your family on this day, please hand this to your child's teacher as is our normal process and this will be recorded on your child's hands. The tuckshop will also be open if you wish to purchase cold drinks and light refreshments.

We are really looking forward to enjoying Book Week with you all as we 'Read, Grow, Inspire' our children.



The poster is a vibrant, colorful illustration. On the left, the word 'BOOKWEEK' is written vertically in large, white, bold, sans-serif capital letters against a background of soft, pastel-colored rays. The main body of the poster features a bright blue sky with orange triangular bunting flags at the top. A red and white striped hot air balloon is on the right. In the center, the text 'YOU'RE INVITED TO READING ON THE DECK' is written in blue, with 'READING ON THE DECK' in a larger font. Below this, the event details are listed: 'Friday 25th August 2023', 'Starting at 10:30am', 'St Patrick's Jr Oval', and 'Bring a picnic blanket.' The illustration shows a young girl in a red dress sitting on a stack of books, reading a blue book. To her right, a man and a woman are sitting on a blue and white checkered picnic rug, reading together. At the bottom, there is a section with a blue background and white clouds. It features the text 'CHILDREN'S BOOK WEEK' in a white banner, '19 to 25 AUGUST' and '#CBCA2023' below it. To the right, the words 'READ GROW Inspire' are written in yellow, with 'Inspire' in a cursive font. A small logo for the Catholic Bishops' Conference of Australia is at the bottom center.

BOOKWEEK

YOU'RE INVITED TO
READING ON THE DECK

Friday 25th August 2023
Starting at 10:30am
St Patrick's Jr Oval
Bring a picnic blanket.

CHILDREN'S BOOK WEEK
19 to 25 AUGUST
#CBCA2023

**READ
GROW
Inspire**

REEF GUARDIANS

SCIENCE TOGETHER

The St Patrick's Reef Guardians Team were excited to attend the Bundaberg Multiplex earlier this week for 'Science Together' a celebration of 20 years of Reef Guardian Schools in Bundaberg. Our students joined with other local schools, businesses, community members and environmental organisations to celebrate Science Together. Students showcased their environmental projects and interests alongside an impressive line-up of speakers including world-renowned scientist and inventor Dr Jordan Nguyen. The event, hosted by Reef Guardian Schools, in conjunction with Bundaberg Regional Council and the Great Barrier Reef Marine Park Authority (GBRMPA), took place at the Multiplex on 14 August which also marked the beginning of National Science Week. We must thank Mrs Driver and Mrs Morine for making this event possible for our students.



PREP VISION SCREENING

On Tuesday 17 October (Term 4) we will offer Vision Screening for all of our Prep students. It is a useful service to check for issues around vision. It is run through the Queensland Government Primary School Nurse Readiness program, and although not compulsory, we definitely recommend it.

The following video explains the benefits of having your Prep child's vision screening -

["What is Prep Vision Screening?"](#)

If you are happy for your child to have this quick check-up, please click on the link or QR code to register.

<https://visionscreening.health.qld.gov.au/ParentalConsent/04083uU>

**Free Prep Vision
Screening**
is coming

Have you completed your
consent form yet?



**St Patrick's Catholic Primary School -
Bundaberg**

Please scan this QR code to complete your child's
consent form by **Thursday, 14 September 2023**
to secure your spot



ST PATRICK'S

2023



**When: Weeks 6 & 7
(Term 3)**

Where: Senior Activity Room

Who: Years 1-6



There will be an information session held on Monday Aug 14 – Mrs Cook will provide further information at this meeting.

CATHOLIC PARISH JOB VACANCY



Vacant Position 2024

The Catholic Parish of Bundaberg is recruiting for a Liturgy/Music/Sacraments/R.C.I.A. Coordinator. The position provides support to the Parish Priests in the liturgical, music, sacramental, evangelising life of the Parish by ensuring that the needs of the community in these four areas are met through careful planning and administration. The position is full time and would be suitable for someone with experience in liturgical/music/sacramental/R.C.I.A. ministry and/or education, particularly in areas concerned with developing and strengthening the faith and spirituality of people in our Catholic community.

TERM THREE PLANNER

WEEK 7	Week 21st August - 25th August		
Monday	Parish Mass	9:00am	Year 2
Tuesday - Thursday	Courtyard Prayer	8.40am	5T
Friday	Year 5 Camp Medication Sign in Day	All Day	Year 5
WEEK 8	Week 28th August - 1st September		
Monday	Parish Mass	9:00am	Year 6 & Prep
Monday - Wednesday	Year 5 Camp - Chaverim	All Day	Year 5
Tuesday - Wednesday	Courtyard Prayer	8.40am	6S
Thursday	Father's Day Liturgy	9:00am	Year 3
Friday	PUPIL FREE DAY		
WEEK 9	Week 4th September - 8th September		
Tuesday - Thursday	Courtyard Prayer	8.40am	6M
WEEK 10	Week 11th September - 15th September		
Tuesday - Thursday	Courtyard Prayer	8.40am	5G
Wednesday - Friday	Year 6 Camp - Hervey Bay	All Day	Year 6

2023 TERM 4 DATES			
TERM 4	Tuesday 3 October - Friday 1 December		
2023 SPORTS DATE CLAIMERS			
TERM 4	Years 3-6 Senior Swimming Carnival	24-Nov	BSA

Could your spare room change a child's life?

There are over 13 million spare rooms in Australia. We just need 100 in the Bundaberg region to urgently help vulnerable children.

Now is the time to become a foster carer.

 Search 'cofc foster care'



Scan for more information!



Play cricket @ North Bundaberg Cricket Club

Registrations are now open for the 2023/2024 cricket season

Come and be part of a family friendly and inclusive cricket club.

Boys and girls of all ages welcome.

To register go to:
www.playhq.com/
 & search for North Bundaberg Cricket Club.



For more information contact our Junior Coordinator:
 Sara
 Email: nbccjuniorco@gmail.com
 Ph: 0409 611 128



Father's Day Raffle

ROWING FUNDRAISER

OVER \$3,000 WORTH OF PRIZES



VOUCHER








RAFFLE PRIZES

<div style="text-align: center; margin-bottom: 10px;">1</div> <p>1st Prize Charlton's Professional Service & Cha Cha Chocolate Pack (Valued at \$1,590)</p> <div style="text-align: center; margin-bottom: 10px;">2</div> <p>2nd Prize Chill Out Pack 8 prizes including fire pit, ARB camping chairs, Tackle World fishing gear & Reading Cinema Double Pass (Valued at \$560)</p> <div style="text-align: center; margin-bottom: 10px;">3</div> <p>3rd Prize Exercise Pack 5 prizes including BTransformed PT sessions & weekly pass, & Rebel basketball (Valued at \$360)</p>	<div style="text-align: center; margin-bottom: 10px;">4</div> <p>4th Prize Foodie Pack 8 Prizes including Spotted Dog Voucher, Yeti Products, Cha Cha Chocolate & BBQ Galore Pack (Valued at \$300)</p> <div style="text-align: center; margin-bottom: 10px;">5</div> <p>5th Prize Get to Work Pack 4 Prizes including Bunning voucher, Trade Tools Voucher & Super Cheap Auto Car Kit (Valued at over \$260)</p> <div style="text-align: center; margin-bottom: 10px;">6</div> <p>6th Prize Grooming Pack The Cutting Crew Voucher & Men's Hair Styling Kit (Valued at \$160)</p>
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RAFFLE DRAWN 1 SEPT

RAFFLE TICKETS

5 TICKETS FOR \$10
15 TICKETS FOR \$20
30 TICKETS FOR \$30



www.trybooking.com/CKVXD

All Rowing families, Shalom families and members of the community are welcome to purchase tickets. Once tickets have been purchased, you will receive an e-mail within 5 business days with your unique raffle ticket numbers. Ticket sales end Wednesday 30 August 12pm. Raffle Drawn Friday 1 September. All money raised will go towards new heavy weight boats.

OUT AND ABOUT

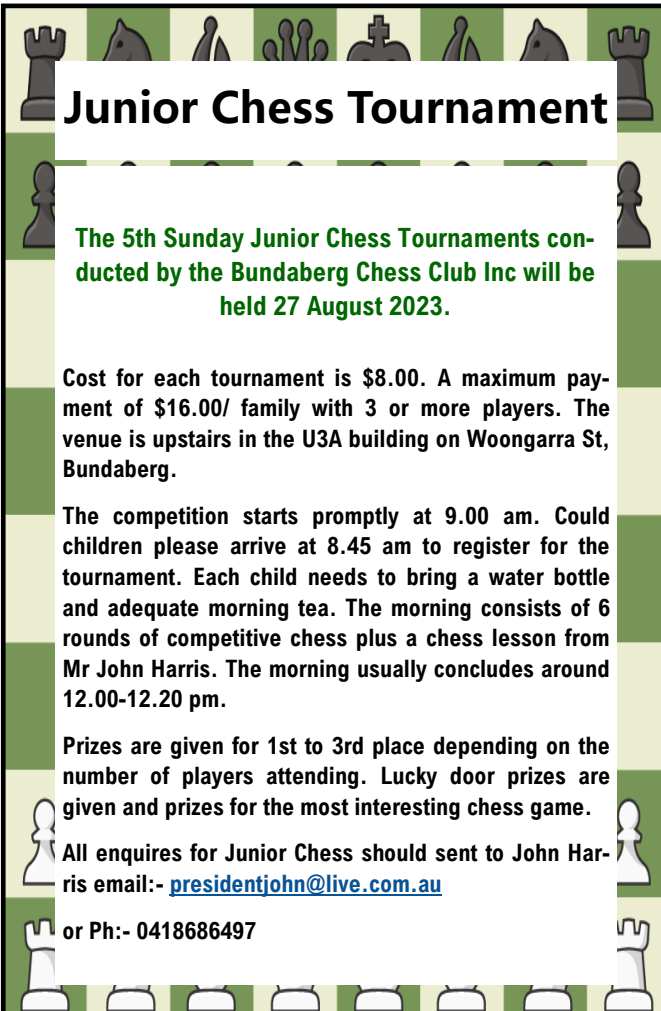


2023/2024 Registration Now open!

PLAY CRICKET FOR BROTHERS CRICKET CLUB BUNDABERG

ONLINE SIGN ON AVAILABLE NOW
GO TO WWW.PLAYHQ.COM//

SEARCH FOR BROTHERS BUNDABERG



Junior Chess Tournament

The 5th Sunday Junior Chess Tournaments conducted by the Bundaberg Chess Club Inc will be held 27 August 2023.

Cost for each tournament is \$8.00. A maximum payment of \$16.00/ family with 3 or more players. The venue is upstairs in the U3A building on Woongarra St, Bundaberg.

The competition starts promptly at 9.00 am. Could children please arrive at 8.45 am to register for the tournament. Each child needs to bring a water bottle and adequate morning tea. The morning consists of 6 rounds of competitive chess plus a chess lesson from Mr John Harris. The morning usually concludes around 12.00-12.20 pm.

Prizes are given for 1st to 3rd place depending on the number of players attending. Lucky door prizes are given and prizes for the most interesting chess game.

All enquires for Junior Chess should sent to John Harris email:- presidentjohn@live.com.au
or Ph:- 0418686497



OPEN DAY COME VISIT US 30 AUGUST

BUNDABERG CENTRE

Meet our expert team of therapists and educators to learn about evidence-informed early intervention supports for young children with autism.

REGISTRATIONS ESSENTIAL

- Wednesday 30 August at 10.00am
- 6 University Drive Branyan QLD 4670
- You **must** be fully vaccinated
- Please make alternative arrangements for children

